

**SWIM BETTER, SWIM FASTER,
GET FIT, HAVE FUN AT...**



**FREE* ONE
MONTH TRIAL**



**CHAPELTOWN AMATEUR
SWIMMING CLUB**

Improve your swimming technique

Build your fitness

Under & above water technique video

Swim in local competitions

Chance to swim at Yorkshire level or above!

***No swimming fees for first month**

**Call in at Chapeltown Swimming Baths on Mon, Wed,
Thur, or Fri evenings between 8.00pm & 9.00pm and ask
for Bob (0114 2885181) or Tom (0114 2451239)**

**www.chapeltownasc.org
Coaching top swimmers since 1961**

***Club insurance may be required**